

LEARN 2 FIGHT

NÜRNBERG

Frankenstr. 100 | Gebäude A52 | 90461 Nürnberg

Hybrid Area: Krav Maga/Teens/Kids/Thaiboxen/KM Rough Unit
 Grappling Area: MMA, Thaiboxen, BJJ
 Just Strong Area: Just Strong, Just Strong Circle



	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
11:00 Uhr						MMA 11.00 - 12.30	
12:00 Uhr						Thaiboxen Beginners 11.00 - 12.30	
13:00 Uhr						JS Circle 13.00 - 14.00	
14:00 Uhr							BJJ OPEN MAT 14.00 - 16.00
15:00 Uhr							
16:00 Uhr		KM Kids Advanced 16.00 - 16.45		KM Kids (5-9) 16.00 - 16.45	KM Teens 16.00 - 17.00		
17:00 Uhr		KM Teens 17.00 - 18.00		KM Kids (10-13) 17.00 - 18.00	KM Advanced 17.00 - 18.30		
18:00 Uhr	KM Beginners 18.15 - 19.45	KM Intermediate 18.15 - 19.45	KM ROUGH UNIT All Levels 18.15 - 19.45	KM Beginners 18.15 - 19.45		BJJ NoGI/All Level 18.00 - 19.00	
19:00 Uhr	MMA 18.15 - 19.45	BJJ Beginner 18.00 - 19.00	MMA Advanced 18.15 - 19.45	BJJ Beginner 18.00 - 19.00	JS 18.45 - 19.45	BJJ All Levels 19.00 - 20.00	
20:00 Uhr	JS Circle 20.00 - 21.00	JS Circle 20.00 - 21.00	KM Beginners 20.00 - 21.30	BJJ All Levels 19.00 - 20.00			
21:00 Uhr	Thaiboxen 20.00 - 21.30	Thaiboxen 20.15 - 21.45	Thaiboxen 20.00 - 21.30	KM Intermediate 20.00 - 21.30			
22:00 Uhr							

gültig ab 07.01.2019